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## CONNECT

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“If you think you are standing strong, be careful not to fall. The temptations in your life are no different from what others experience.”

**1 Corinthians**  
**10:12–13a**

“Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.”

**2 Timothy 2:22**

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### ■ ■ Next Step Today

- Memorize 1 Corinthians 10:13
- Avoid the areas where I am tempted
- Bring a friend with me next Sunday for The Dating Game
- Sign me up for GG #: \_\_\_\_\_



# 2

## THE TRAP OF LUST

February 7th, 2010  
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### ■ ■ TWO LIES OF LUST

1. LUST WILL \_\_\_\_\_
  
2. LUST WILL \_\_\_\_\_

“Just as Death and Destruction are never satisfied, so human desire is never satisfied.” **Proverbs 27:20**

“Do not love the world or the things that belong to the world. If anyone loves the world, love for the Father is not in him. For everything that belongs to the world—the lust of the flesh, the lust of the eyes, and the pride in one’s lifestyle—is not from the Father, but is from the world. And the world with its lust is passing away, but the one who does God’s will remain forever.”

**1 John 2:15–17**

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## TO GET A HANDLE ON LUST

### CONTROL

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“You have heard the commandment that says, ‘You must not commit adultery. ‘But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.” **Matthew 5:27–28**

“Your eye is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. But when it is bad, your body is filled with darkness.” **Luke 11:34**


“Turn my eyes from worthless things, and give me life through your word.” **Psalms 119:37**

### TURN

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“And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.” **Philippians 4:8**

 **Memory Verse**  
“And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.”

1 CORINTHIANS 10:13B

### RUN

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“Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.” **1 Corinthians 6:18**