



FRUIT	DEFINITION	OPPOSITE
Love	An unconditional commitment to an imperfect person	Indifference
Joy	An internal choice of hope based on my belief in God	Anxiety
Peace	The result of ordering my life around God's will	Stress
Patience	A complete and hopeful trust in God's timing	Lack of restraint

(NINE will continue August 2010 with: kindness, goodness, faithfulness, gentleness and self control.)

## CULTIVATING THE FRUIT OF PATIENCE

### 1. \_\_\_\_\_ TO GIVE ME MORE PATIENCE

“Keep on asking, and you will be given what you ask for. Keep on looking, and you will find. Keep on knocking, and the door will be opened.” Matthew 7:7

“It is better to be patient than powerful; it is better to have self-control than to conquer a city.” Proverbs 16:32

### 2. \_\_\_\_\_ OF MY IMPATIENCE

“Search me, O God, and know my heart; test me and know my thoughts.” Psalm 139:23

- Uncontrolled anger (see Proverbs 15:18; 14:29; 14:17; 11:29)
- Perfection (see Romans 3:23)
- Poor planning (see Luke 14:28)
- Hasty decision making (see Proverbs 20:25)
- Difficult people (see Ephesians 4:2)
- Unfulfilled desires (see Philippians 4:11)
- Other: \_\_\_\_\_

### 3. LEARN TO \_\_\_\_\_.

“Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will direct your paths.” Proverbs 3:5–6

“Be glad for all God is planning for you.” Romans 12:12a